



The Aetna Specialty Pharmacy (ASRx) standard care model is a 30-day supply for all specialty medications. Some medications are simply not clinically appropriate for a 90-day fill.

While ASRx makes every effort to offer flexibility to plan sponsors and patients, ASRx strongly abides by the standard care model of a 30-day supply for certain conditions and disease states such as

- ❖ Growth Hormone medications
- ❖ Hemophilia and
- ❖ Xolair for asthma

Drugs requiring pre-certification are also subject to the 30-day supply model.

Reasons:

Some reasons for limiting to a 30-day supply include ASRx's need to provide the following:

- ❖ Nursing support / clinical intervention
- ❖ Patient safety
- ❖ Therapy management
 - risk assessment
 - dosage monitoring
 - behavioral health screening
- ❖ Adherence and compliance (outreach calls and home care coordination)
- ❖ Less waste of medication if there is a dose change

Re: Exceptions:

A 90-day supply is dispensed if the member/patient is a *transplant patient*, except in the case of Medicare coverage, which allows only a 30-day supply.

Exceptions have also been made for certain disease states and a 90-day supply has been dispensed, but normally under the following conditions:

- ❖ after a clinical evaluation
- ❖ the member/patient has been on the same medication for more than a year
- ❖ the disease state is
 - Multiple Sclerosis
 - Rheumatoid Arthritis or
 - Osteoporosis

This position has a solid clinical basis and is designed to provide the best possible outcomes and patient care.

Aetna Specialty Pharmacy's goal to provide the best outcomes for the patient also includes the need to work with plan sponsors in meeting their goals for their employee population. Usually, the PS understands that this is a "high touch" model with clinical interventions and solid evidence of dispensing practices of the 30-day model for these complex disease states.